Join the Friends of the Cape Cod Rail Trail

The Friends of the Cape Cod Rail Trail was formed in the spring of 2013 to:

- promote the use, development, enjoyment and care of the CCRT and extended bikeways
- inform residents and visitors about the recreation and commuting opportunities offered by the CCRT
- support trail maintenance and improvements for the benefit of all users of the CCRT

Please support our efforts to preserve and improve one of Cape Cod's treasures and get MEMBER DISCOUNTS at select sponsors!

Membership Levels

☐ **Individual $20** ☐ **Family $30** ☐ **Business $100**

Join online here:

Or mail this form:

Name _____

Address _____

City/State/Zip _____

Email _____

Business Name _____

Use the QR code above or send this form with your check to:

Friends of the Cape Cod Rail Trail
3488 Main Street
Brewster, MA 02631

fccrt@yahoo.com
fccrt.org

Like us on Facebook @foccrt

version: spring -2026

Basic rules of the Cape Cod Rail Trail

- **Class 1 e-bikes only** (must not have a throttle)
- 15 mph speed limit
- All travel on right side of path except when passing
- Call "On Your Left" when passing others (and wait until it is safe to pass)
- Helmets are required for those 16 and under
- Dismount at crosswalks - cyclists do not have right of way

Special thanks to:

Cape Cod Cycling Club
Cape Cod Athletic Club
Jimmy Kolbenheyer
Ken & Laura Oasis
LeRoy W. & A.R. Haynes
Mary Beth & David Charter
Mary Beth & Richard Grant
Nathaniel Paxton
Sean & Diane Renee Toole

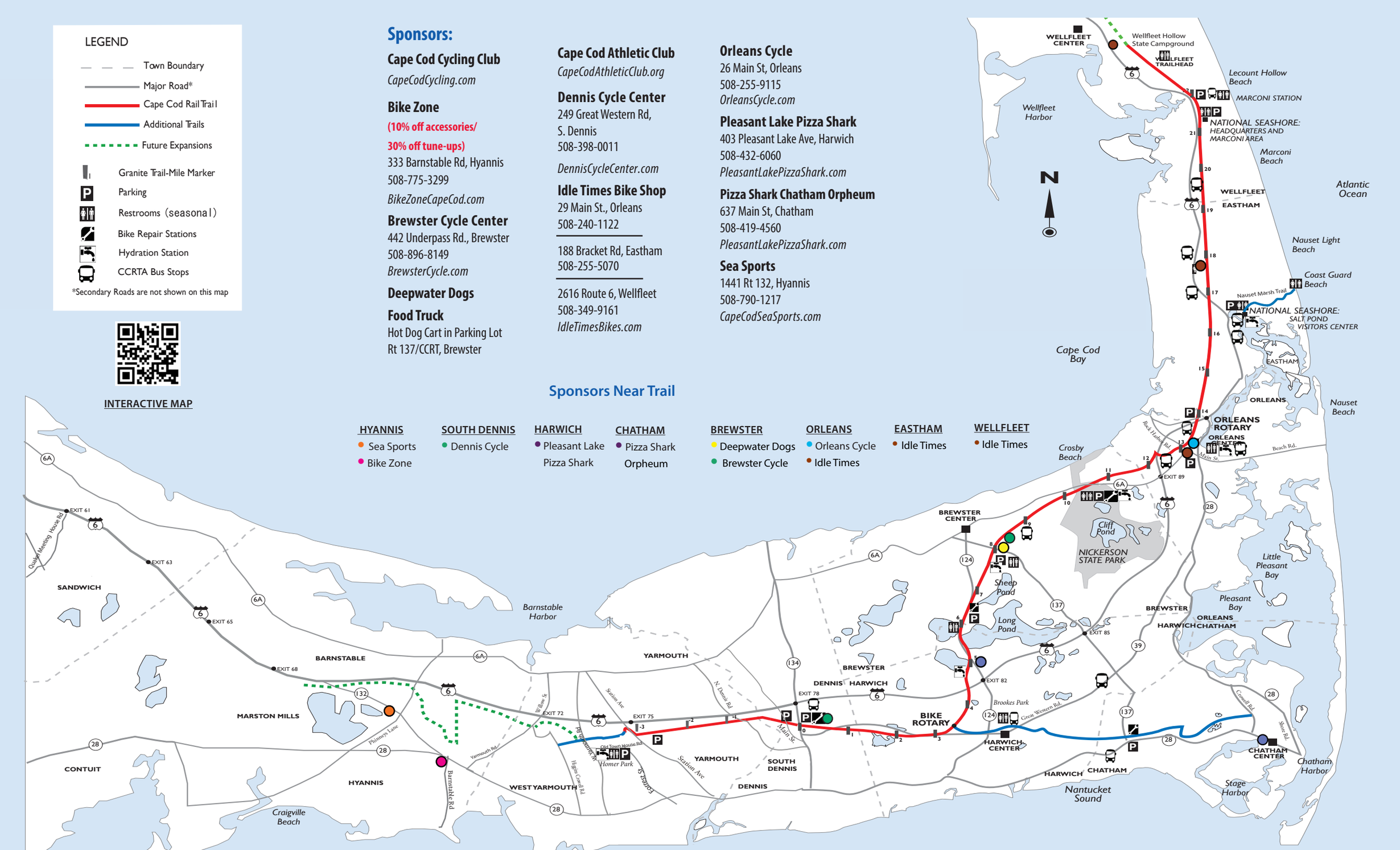
Welcome to the Cape Cod Rail Trail

The Cape Cod Rail Trail is maintained and managed by the Massachusetts Department of Conservation and Recreation.

Photo Credit: Karen Smith

Free parking for trail users is available at:

- Station Ave in Yarmouth
- Old Town House Road/Peter Homer Park in Yarmouth
- Main Street in South Dennis
- Route 134 in South Dennis
- Headwaters Drive in Harwich near Exit 10
- Junction of Routes 137 and 124 in Chatham
- Route 124 in Brewster by Crowell Bog Road
- Route 137 in Brewster across from Underpass Road
- Orleans Center
- Rock Harbor Road, Orleans
- Cape Cod National Seashore at the Salt Pond Visitors Center in Eastham, one-half mile from the Locust Road intersection
- National Seashore at Marconi Historic Site
- The trailhead at LeCount Hollow Road, South Wellfleet


LEGEND
Town Boundary
Major Road*
Cape Cod Rail Trail
Additional Trails
Future Expansions
Granite Trail-Mile Marker
Parking
Restrooms (seasonal)
Bike Repair Stations
Hydration Station
CCRTA Bus Stops
*Secondary Roads are not shown on this map
INTERACTIVE MAP
Sponsors:
Cape Cod Cycling Club
CapeCodCycling.com
Bike Zone
(10% off accessories/
30% off tune-ups)
333 Barnstable Rd, Hyannis
508-775-3299
BikeZoneCapeCod.com
Brewster Cycle Center
442 Underpass Rd., Brewster
508-896-8149
BrewsterCycle.com
Deepwater Dogs
Food Truck
Hot Dog Cart in Parking Lot
Rt 137/CCRT, Brewster
Cape Cod Athletic Club
CapeCodAthleticClub.org
Dennis Cycle Center
249 Great Western Rd,
S. Dennis
508-398-0011
DennisCycleCenter.com
Idle Times Bike Shop
29 Main St., Orleans
508-240-1122
188 Bracket Rd, Eastham
508-255-5070
2616 Route 6, Wellfleet
508-349-9161
IdleTimesBikes.com
Orleans Cycle
26 Main St, Orleans
508-255-9115
OrleansCycle.com
Pleasant Lake Pizza Shark
403 Pleasant Lake Ave, Harwich
508-432-6060
PleasantLakePizzaShark.com
Pizza Shark Chatham Orpheum
637 Main St, Chatham
508-419-4560
PleasantLakePizzaShark.com
Sea Sports
1441 Rt 132, Hyannis
508-790-1217
CapeCodSeaSports.com
Sponsors Near Trail
HYANNIS
Sea Sports
Bike Zone
SOUTH DENNIS
Dennis Cycle
HARWICH
Pleasant Lake
Pizza Shark
CHATHAM
Pizza Shark
Orpheum
BREWSTER
Deepwater Dogs
Brewster Cycle
ORLEANS
Orleans Cycle
Idle Times
EASTHAM
Idle Times
WELLFLEET
Idle Times
N
WELLFLEET CENTER
Wellfleet Hollow State Campground
WELLFLEET TRAILHEAD
Lecount Hollow Beach
MARCONI STATION
NATIONAL SEASHORE: HEADQUARTERS AND MARCONI AREA
Wellfleet Harbor
Marconi Beach
Atlantic Ocean
WELLFLEET
EASTHAM
Nauset Light Beach
Coast Guard Beach
Nauset Marsh Trail
NATIONAL SEASHORE: SALT POND VISITORS CENTER
Cape Cod Bay
EASTHAM
ORLEANS
Nauset Beach
ORLEANS ROTARY
ORLEANS CENTER
Rock Harbor Rd.
Main St.
Beach Rd.
Crosby Beach
EXIT 89
BREWSTER CENTER
Cliff Pond
NICKERSON STATE PARK
Little Pleasant Bay
Sheep Pond
Pleasant Bay
Long Pond
BREWSTER
ORLEANS
HARWICH
CHATHAM
EXIT 85
EXIT 82
Brookes Park
Great Western Rd.
BIKE ROTARY
HARWICH CENTER
CHATHAM CENTER
Crowell Rd.
Shore Rd.
Chatham Harbor
HARWICH
CHATHAM
Nantucket Sound
Stage Harbor
EXIT 78
DENNIS
HARWICH
BREWSTER
Main St.
EXIT 75
EXIT 72
Station Ave
N. Dennis Rd.
Willow St.
YARMOUTH
SOUTH DENNIS
DENNIS
Old Town House Rd.
Homer Park
Forest St.
Higgins Crowell Rd.
WEST YARMOUTH
Barnstable Harbor
Craigville Beach
Barnstable Rd
Yarmouth Rd.
Phinneys Lane
MARSTON MILLS
BARNSTABLE
HYANNIS
CONTUIT
EXIT 68
EXIT 65
EXIT 63
EXIT 61
Quaker Meeting House Rd
SANDWICH